Building for the Future
Infrastructure Improvements Underway at Lincoln Memorial Garden

by Kathy Andrews Wright

As the design for Lincoln Memorial Garden came to fruition in the 1930s, Jens Jensen, a leader of the Prairie School of landscape architecture and one of Illinois’ earliest conservationists, envisioned a series of connected paths, bordered by arrangements of native plants and punctuated by council rings, that would invite visitors to pause and reflect on the Garden. In the spirit of the invitation Mr. Jensen continues to issue visitors, the Board of Directors has authorized improvements to the Nature Center and grounds.

Phase one of the redevelopment process entails renovation of the Nature Center, with the work completed in early September. The interior redesign focuses on enhancing the vista of the Garden through the existing floor-to-ceiling windows. This has involved revamping both the reception area and the Split Rail Gift Shop and creating more efficient work environments for the executive director and staff. A shift to an LED lighting system will decrease energy and maintenance needs. Office improvements also will allow staff and volunteers the opportunity to organize and archive more than 80 years of historical records. These improvements were funded with minimal expenditures from the Garden’s Capital Improvement Fund and enhanced with generous
Wow! Where did summer go? We wrapped up another great year of summer Ecology Camp. A huge thank you to our educator, Audra Walters, as well as our camp counselors: Mason Byers, Anna Gegen, Amanda Parga and Dylan Power. These five individuals, as well as many junior counselors, helped make our summer program an outstanding success!

I would also like to thank Dr. John Martin, UIS Astronomy Professor, and the Sangamon Astronomical Society for providing two excellent astronomy programs at the Garden over the summer. If you missed these events, we are happy to announce that they will be back next year!

Over the past several weeks, the Split Rail Gift Shop has undergone a renovation. We have relocated the shop to the front of the Nature Center, painted the walls and are offering some new inventory. Many thanks to the volunteers from the Grounds Crew for all their help with this project. Please stop by and check out the new shop.

As we head into fall, our Indian Summer Festival crew has been hard at work planning another great event. This year marks the 50th anniversary of our Indian Summer Festival, and we are excited to announce that this year we will have food trucks for the first time! Please mark your calendars for October 6 and 7, and come out and enjoy our Festival set among the beauty of the fall colors.

We also have some great new programs coming this fall, so please see the other articles in this issue or check out schedule online. I hope to see you in the Garden.
Your favorite fall festival is set for Oct. 6 – 7

by Ann Londrigan

Mark your calendars for a celebration of fall at the 2018 Indian Summer Festival, taking place Saturday and Sunday, October 6 and 7 from 10 a.m. to 4 p.m. each day in Cawley Meadow at the Garden.

- Listen to live music.
- Explore the fairy woodland.
- Make a fairy house or a tree troll.
- Paint a fall pumpkin.
- Shop the craft vendors.
- Grab a bite to eat.
- Play the monarch butterfly game.
- Hands-on crafts and face-painting for children.
- Vote for the People’s Choice winner of the LMG photo contest.
- Snap your fall family photo.
- Eat at the Hy-Vee Food Tent, new this year.

Musicians take to the stage from 11 a.m. to 4 p.m. each day. See the full lineup and times on the website. Tentative schedule:

**Saturday**
11 a.m. – 12:30 p.m. Ben Bedford (Folk)
12:45 – 2:15 p.m. Cactus Ranch (Bluegrass)
2:30 – 4 p.m. Mary Jo Curry Band (Blues)

**Sunday**
11 a.m. – 12:30 p.m. Pete Sander (Blues/Folk)
12:45 – 2:15 p.m. Avery Kern (Rock/Americana)
2:30 – 4 p.m. Micah Walk (Rock/Americana)

- FREE entry for children 10 and younger
- $8 entry fee for adults (11+)
- No dogs, please.

**Vendors and demonstrations include:**
- University of Illinois Extension
- Illinois Stewardship Alliance
- Pottery
- Handmade furniture
- Nature photography
- Weaving and spinning
- Wood turning and carving
- Fall decorations
- And so much more…

Event proceeds support the Garden’s educational programs for children and adults and help with operating and maintenance costs. Learn more: [http://lincolnmemorialgarden.org/event/indian-summer-festival-2018/](http://lincolnmemorialgarden.org/event/indian-summer-festival-2018/)
New Tractor Hits the Trails, Thanks to Generous Donors

by Joel Horwedel

Thanks so much to everyone who helped us get a new tractor! Aging equipment is always a problem at small nonprofits. There are often not enough funds for a large equipment purchase. Last year, we lost the use of one of our tractors, and we asked our members and donors to help with the purchase of a new one. I am happy to report that in early July, we took delivery of a new Kubota L3301. The entire amount of the tractor was funded by the following people, to whom we are extremely grateful:

- Chuck and Lynn Allen
- James and Kay Caruso
- Megan DeFrain
- Michael and Carol Diedrichsen
- Julie Dirksen
- Bill and Sue Donels
- Susan and Doug Flanagan
- The family of Evelyn Grummon
- Jim and Mary Grundel
- Stefan and Natalia Kozak
- Mike and Linda Luepke
- Cathy and Doug Slater

Messy Woodlands are Friendly to Wildlife

by Kathy Andrews Wright

There are two ways of thinking about woodland management. Some like a “clean,” park-like woodland. On the flip side of the coin, some prefer a “messy” or natural woodland. At Lincoln Memorial Garden the ecological value of a “messy” woodland is the preferred management style.

From the silvery core of a dead-standing tree, or snag, comes the rat-a-tat-tat of a woodpecker searching for wood-boring insects, and in the spring it excavates a new nest cavity. Across the continent at least 85 species of birds—woodpeckers, chickadees, nuthatches, flycatchers, eastern bluebirds, screech owls, wood ducks, American kestrels and more—create or use nest cavities. Over time, as the cavity enlarges, it will be claimed by any of an estimated 300 species of organisms, including fox, gray and flying squirrels, as well as raccoons, mink, mice, opossums, bats, snakes, bees, lizards and tree frogs.

Dead wood on the ground—what ecologists call coarse woody debris—serves multiple functions, including reducing soil erosion and providing food for everything from bacteria, fungi, lichens and mosses to creatures at the top of the food chain. A moss-covered log shows signs of an insectivore fervently digging in the decaying wood, and on one log, a pile of cut nuts reveals where a squirrel had fed while maintaining a watchful eye. Lizards and other cold-blooded reptiles and amphibians bask atop sun-drenched logs. Invertebrates—including spiders, ants and beetles—tunnel into the decaying wood. Hollow logs provide cover for chipmunks, cottontail rabbits, foxes, skunks, raccoons and bobcats.

Moisture retained beneath logs offers relief for salamanders, snails, slugs and mice during hot, dry summers. Against the log, fallen leaves accumulate and decompose, enriching the soil so that new woodland plants can germinate.

A brush pile created during an invasive species removal work day provides wildlife cover. Cottontail rabbits utilize the vegetation as escape cover from predators or protective cover during harsh weather conditions. Ground-nesting birds, such as bobwhite quail, ring-necked pheasants, wild turkey, brown thrashers and a variety of sparrows, seek out the seclusion the brush provides.

A lot is happening in our “messy” woodland. Snags are removed when they pose a risk to human health and safety, but by retaining snags and logs whenever possible and creating brush piles, Lincoln Memorial Garden benefits the local fauna, ultimately enriching the soil and contributing to the renewal of a healthy woodland habitat.
Get Your 10,000 Steps... And Some Zen

by Ann Londrigan

Is your daily fitness goal to log 10,000 steps? Next time skip the mall or your neighborhood pavement. Try something easier on the body, easier on the eyes.

Step into Lincoln Memorial Garden, where one pass around the border trails combined with a loop around the Ostermeier Prairie logs about 5,300 steps, depending on your gait.

On a recent trip with friends and LMG members Mike and Barb Boyd, it took us about an hour to walk this route. It may take you more or less time based on your pace. We made stops to check step count, take photographs, listen to songbirds and soak in the views of Lake Springfield, which are really some of the best in the area and the reason why landscape architect Jens Jensen chose this site for the Garden in 1936.

Do two laps and you’ll hit 10,000 steps to earn the coveted circle on your Apple Watch or fireworks on your Fitbit.

Tracking miles? Use the route of the annual 8K Trail Race (4.97 miles), started six years ago by avid runner and LMG Board Member (2011-2017) Susan Helm, who now runs the Minds in Motion Alzheimer’s program at the Southern Illinois University (SIU) Department of Neurology.

According to Helm, trail-running is trending.

“The reason trails are much more popular is two-fold,” says Helm. “It’s just definitely more pleasant as a runner to look and see things, whether it’s fall foliage or a natural prairie, deer or cypress trees, Lake Springfield. All the things that are Lincoln Memorial Garden.”

For those on their first trail run, realize you will be slower. Helm believes the mix of soil, mulch and limestone trails at the Garden are easier on the joints, whether you walk or run. She estimates 10,000 steps is about four miles.

“With six years of feedback from the Trail Run, we know there is a pleasant surprise for runners that there is some grade, some hills. People assume it’s flat, but it is not,” says Helm.

LMG member Kent Childs trains in the Garden to do 500-mile hikes.

Childs, co-owner of Midas franchises in New England and the Midwest, has walked 500 miles on sections of the Greater Patagonian Trail in Chile and Argentina, the Appalachian Trail that runs from Maine to Georgia and the Camino de Santiago in France and Spain.

To train, he logs five miles every day in Lincoln Memorial Garden.

“I like to be in nature all over the world,” says Childs. “It helps me stay in better shape physically and spiritually.”

Says Childs, “It’s hard to find hills in Central Illinois. You can find them in Lincoln Memorial Garden. It’s so beautiful, there’s wildlife, and the trails are well-maintained. It’s about the only place I know to train because you don’t have to deal with cars.”

Top photo: Checking steps on mobile device
Second row: Scenes from the 2018 8K Trail Run, held each year on the third Saturday in May
Bottom row left: Getting their steps in the Garden are LMG members Mike and Barb Boyd
Bottom row right: LMG member Kent Childs, posing with his walking stick at Catedral de Santiago, Spain
Thank you to everyone who has donated funds for specific items on our wish list. Our current wish list includes:

- **Upgrade to the audio-visual system in the Discovery Room**—$2,000
- **Donations to Infrastructure Improvements**—any amount

If you can help, send a check to the Nature Center at 2301 East Lake Shore Drive, Springfield, 62712. You can also place your donation in the Nature Center’s donation box.

**Indian Summer Festival**

**MAJOR SPONSORS**
- Jo Alessandrini and Guerry Suggs
- Phyllis Brissenden
- Davis Financial Group
- Hickory Point Bank
- King Technology
- The Loken Family Fund
- Robin and Steven Read
- Springfield Electric
- Wolter, Beeman, Lynch and Londrigan

**In memory of Dorothy Albright**, a memorial contribution was received from . . .
  - Alice Christensen.

**In memory of Evelyn Grummon**, memorial contributions were received from . . .
  - Dick and Helen Adorjan
  - Richard and Carolyn Berning
  - Steve McLaughlin
  - Doris Richardson
  - Mike and Becky Wheeler
  - Kate Wilson
  - Penny Wollan-Kriel
  - Joseph and Anna Zapotczny

**In memory of Johanna Leikvold**, memorial contributions were received from . . .
  - Paul and Ruth Biggers
  - Dynell Gaule
  - Sarah Hardy
  - Cynthia Knight
  - Kristie Kruise
  - Bruce and Doris LaMontagne
  - Kim McDonald
  - Gary and Elinor Morgan
  - Joanne Moussette
  - Dr. Mary Ann Rackauskas
  - Stephen and Theresa Singer

**In memory of Joyce Liberman**, a memorial contribution was received from . . .
  - Jennifer Madiar

**In memory of Rozanne Robertson**, a memorial contribution was received from . . .
  - Sue Lohrenz

**In memory of Mary Snodgrass**, memorial contributions were received from . . .
  - Mr. and Mrs. F. Mercado
  - Clark Snodgrass (to the Capital Improvement Fund)

**In memory of Marianne Weed**, a memorial contribution was received from . . .
  - Stephan and Paula Kaplan

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Lincoln Memorial Garden Mission

The mission of Lincoln Memorial Garden is to honor the memory of Abraham Lincoln through re-creation of the native landscape he would have known, and to serve as a place to find inspiration in the changing seasons, learn stewardship of the environment and explore the relationship among plants, wildlife, water, soil, and sunlight in an atmosphere of peace and beauty.

New Members

Mike and Kathy Badger
Lisa M. Beenenga
Barbara Boucher
Barbara K. Boyd
Jean Fernandez
Eileen Grace
Carol A. Kerins
Ellen Petty
Renee Steinheimer
Elva Thompson
Judy C. Wheaton

Calendar

Thursday, September 20  Fall Volunteer Naturalist Training — Noon to 2:30 p.m.
Sunday, September 23  Leaf I.D. Hike — meet at 1:30 p.m. at the Nature Center
Tuesday, September 25  MOON Program (see page 2); meet at 7 p.m. at the Nature Center
Saturday, September 29  Bird Hike — meet at 8 a.m. at the Nature Center
Saturday, October 6  Bird Hike — meet at 8 a.m. at the Nature Center
Saturday, October 6  Indian Summer Festival — 10 a.m. to 4 p.m.
Sunday, October 7  Indian Summer Festival — 10 a.m. to 4 p.m.
Saturday, October 13  Bird Hike — meet at 8 a.m. at the Nature Center
Saturday, October 13  Jr./Sr. Naturalists — 9 a.m. / 1 p.m.
Sunday, October 14  Garden Family Adventures — 1 p.m. to 4 p.m.
Tuesday, October 16  Babes in the Woods — 11 a.m.
Wednesday, October 17  Tiny Adventures — 10 a.m. / 1 p.m.
Saturday, October 20  Bird Hike — meet at 8 a.m. at the Nature Center
Saturday, October 27  Bird Hike — meet at 8 a.m. at the Nature Center
Saturday, November 3  Jr./Sr. Naturalists — 9 a.m. / 1 p.m.
Sunday, November 4  Garden Family Adventures — 1 p.m. to 4 p.m.
Tuesday, November 6  Babes in the Woods — 11 a.m.
Wednesday, November 7  Tiny Adventures — 10 a.m. / 1 p.m.
Saturday, November 10  Holiday Nature Crafts — 10 a.m. to 11 a.m. for youth ages 5–12; 2 p.m. to 4 p.m. for adults and teens 13+.
Friday, November 16  Holiday Market Preview Party — 4 p.m. to 7 p.m.
Saturday, November 17  Holiday Market — 9 a.m. to 4 p.m.
Sunday, November 18  Holiday Market — 1 p.m. to 4 p.m.
Autumn shows us how beautiful it is to let things go.